

CURRICULUM VITAE
KEVIN J. TRIGGS, M.D.

PERSONAL DATA

Hometown: Orange, California
Date of Birth: October 18, 1956
Wife: Lauri Jean Triggs
Children: Kaelyn Rae Triggs 1988
Brett Michael Triggs 1993

BUSINESS DATA

Business: Orange Orthopedic Medical Group, Inc.
1310 W. Stewart Drive, Suite 410
Orange, California 92868
(714) 538-8549
Associates: Milton Legome, M.D., Ayaz Biviji, MD,
Eric Lee, MD, Nikita Bezrukov, MD
License: California State License #G057138
Certification: American Board of Orthopedic Surgeons 1993
Certified Qualified Medical Evaluator 1997
American Board of Orthopedic Surgeons
Re-certification 2015
Medical Societies: Western Orthopedic Association 1990
California Orthopedic Association 1994
American Academy of Orthopedic Surgeons 1993

EDUCATION

Undergraduate: Stanford University
Stanford, California 94305
Degree: B.S. Industrial Engineering 1978
Honors: Tau Beta Phi Engineering Honor Society 1978
Intercollegiate Varsity Baseball 1974-1978
Medical School: UCLA School of Medicine
Los Angeles, California 90024
Degree: M.D. June 1984
Honors: Alpha Omega Alpha Medical Honor Society
Postgraduate:
Internship: UCSD Department of Surgery
225 Dickinson Street
San Diego, California 91203
Completed: June 30, 1985

Fellowship: Research/Clinical Fellowship Spinal Surgery
UCSD Division of Orthopedic Surgery
Steven R. Garfin, MD
Savio L-Y Woo, PhD
Completed: June 30, 1987

Residency: UCSD Division of Orthopedic Surgery
225 Dickinson Street
San Diego, California 91203
Chairman: Wayne Akesson, MD
Completed: June 24, 1990

Awards: Vernon P. Thompson 1989 Research Award
Western Orthopedic Association 53rd Annual
Meeting, Anaheim, California, 10/24/1989
Department of Surgery Chairman's Award 1990
CARE Award 2000, St. Joseph Hospital

HOSPITAL

St. Joseph Hospital, Orange, Ca. 92868
Children's Hospital of Orange County
Orange, California 92868

APPOINTMENTS

Primary subcontracted orthopedic surgeon for
St. Joseph's Heritage Medical Group (patient
Population of >40,000) 1993-Current

Executive Committee, Department of Orthopedic
Surgery St. Joseph's Hospital 2005-current.

Board Member, St. Joseph's Orthopedic IPA
1994-1997

Chairman, Quality Assurance Committee
St. Joseph's Orthopedic IPA 1994

Member, Case Management Committee
St. Joseph Managed Care, 1994-1997

Medical Director, Freedom Bowl & Disneyland
Pigskin Classic 1990-1994

PUBLICATIONS

Triggs, K. J., Garfin, S.R., Marshall, L.F., Nickel,
V.L.: Spinal Cord Injury: Advanced Treatment Concepts.
Surgical Grand Rounds 11(7): 39-49, July 1988.

Garfin, S.R., Bone, M.J., Triggs, K.J., Nickel, V.L.:
Subdural Abscess Associated with Halo Pin Traction. Journal
of Bone and Joint Surgery 70A: 1338-1340, October 1988.

Triggs, K.J., Ballock, R.T., Lee, T.Q., Woo, S. L-Y.,
Garfin, S. R.: The Effect of Angled Insertion of Halo Pin
Fixation. Spine 14(8): 781-783, August 1989.

Ballock, R.T., Lee, T. Q., Triggs, K.J. Woo, S. L-Y, Garfin, S.R.: The Effect of Pin Location on the Rigidity of the Halo Pin-Bone Interface. Neurosurgery 26(2): 238-241, February 1990.

Rydevik, B. Triggs, K.J., et al: An In-Vitro Mechanical and Histological Study of Acute Stretching on Rabbit Tibial Nerve. Journal of Orthopedic Research (8 (5): 694-701, September 1990.

PRESENTATIONS

Triggs, K.J., Ballock, R.T., Byrne, T., Georgis, T., Woo, S. L-Y, Garfin, S.R.: Cervical Immobilization in Various Length Halo Jackets. Cervical Spine Research Society Meeting. West Palm Beach, Florida, December 12, 1986.

Triggs, K.J., Garfin, S.R.: Rigidity of Halo Orthoses. Western Orthopedic Association 5Vt Annual Meeting. Colorado Springs, Colorado, October 5, 1987.

Kwan, M., Rydevik, B., Brown, R., Triggs, K.J., Myers, R., Woo, S. L-Y., Garfin, S.R.: Selected Biomechanical Assessment of the Lumbosacral Spinal Nerve Roots. The International Society for the Study of the Lumbar Spine Mtg. Miami, Florida. April 13-17, 1988.

Rydevik, B., Kwan, M., Brown, R., Triggs, K.J., Myers, R., Woo, S. L-Y., Garfin, S.R.: Biomechanical Properties of Human Lumbosacral Spine Nerves. Biomechanics Seminar, Chalmers University of Technology and University of Gotenburg, Sweden, April 22, 1988.

Rydevik, B., Kwan, M., Myers R., Garfin, S.R., Triggs, K.J., Woo, S. L-Y.: Effects of Stretching on Rabbit Tibial Nerve. Biomechanics Seminar, Chalmers University of Technology and University of Gotenburg, Sweden, April 22, 1988.

Triggs, K.J., Ballock, R.T.: Effects on Pin Location and Angle of Insertion on Halo Fixation. Western Orthopedic Association 53" Mtg., Anaheim, California, October 24, 1989.

Revised October 2017